

Venue: Yoga City

yoga city

SCHULE ZÜRICH

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7 DAY - INTENSIVE YOGA

GLENN CERESOLI

SENIOR IYENGAR YOGA TEACHER



MASTERING YOUR PRACTICE

AUGUST 11TH - 17TH 2014

8.30 - 12.00pm & 2.00 - 4.30pm



Glenn has been practicing and teaching Iyengar yoga for over 30 years. He upholds the traditional values of Yoga practice while imparting his own experience of Yoga in the context of our contemporary times and lifestyle. Glenn lives in Australia and has been travelling and teaching throughout Australia, UK, Europe and Asia for the past 10 years.

Take advantage of this opportunity to imbibe and learn from someone that can transform your approach and practice. Share his insights and depth of knowledge to inspire you further in your practice. cost: 980CHF

